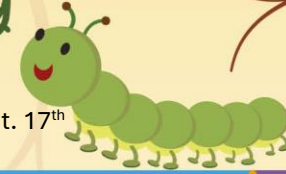


AUTUMN/WINTER WEEKLY MENU

Date 15th Sept. 6th Oct. 27th Oct. 17th
Nov. & 8th Dec.



WEEK
* 3 *

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Sausage, Mash & Gravy Served with Mixed Vegetables	Beef Lasagne Served with Garlic Bread & Peas	ROAST DINNER DAY Roast Chicken Served with Potatoes, Vegetables & Gravy	Chicken Fajita Wrap Served with Potato Wedges	TAKEAWAY FRIDAY KFC Style Popcorn Chicken Chips, Gravy & Corn
VEGGIE MAIN	Veggie Sausage, Mash & Gravy Served with Mixed Vegetables	Veggie Lasagne Served with Garlic Bread & Peas	Creamy Quorn & Vegetable Pie Served with Potatoes	Bean & Cheese Quesadilla Served with Potato Wedges	TAKEAWAY FRIDAY KFC Style Veggie Nuggets Chips, Gravy & Corn
POTATO FILLING	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo
DAILY SANDWICH	Cheese & Ham Sandwich Or Tuna & Cheese Wrap	Tuna & Cucumber Baguette Or Chicken Mayo Sandwich	Cheese & Bacon Wrap Or Turkey Salad Baguette	Fish Finger Roll Or Savoury Cheese Wrap	Cheese Toastie Or Cajun Chicken Roll
PUDDING	Rice Krispy Cakes	Berry Cheesecakes	Chocolate Flapjack	Toffee Apple Crumble with Custard	Chocolate Sponge with Chocolate Sauce

CHEESE & CRACKERS, YOGHURT & FRESH FRUIT AVAILABLE EVERYDAY