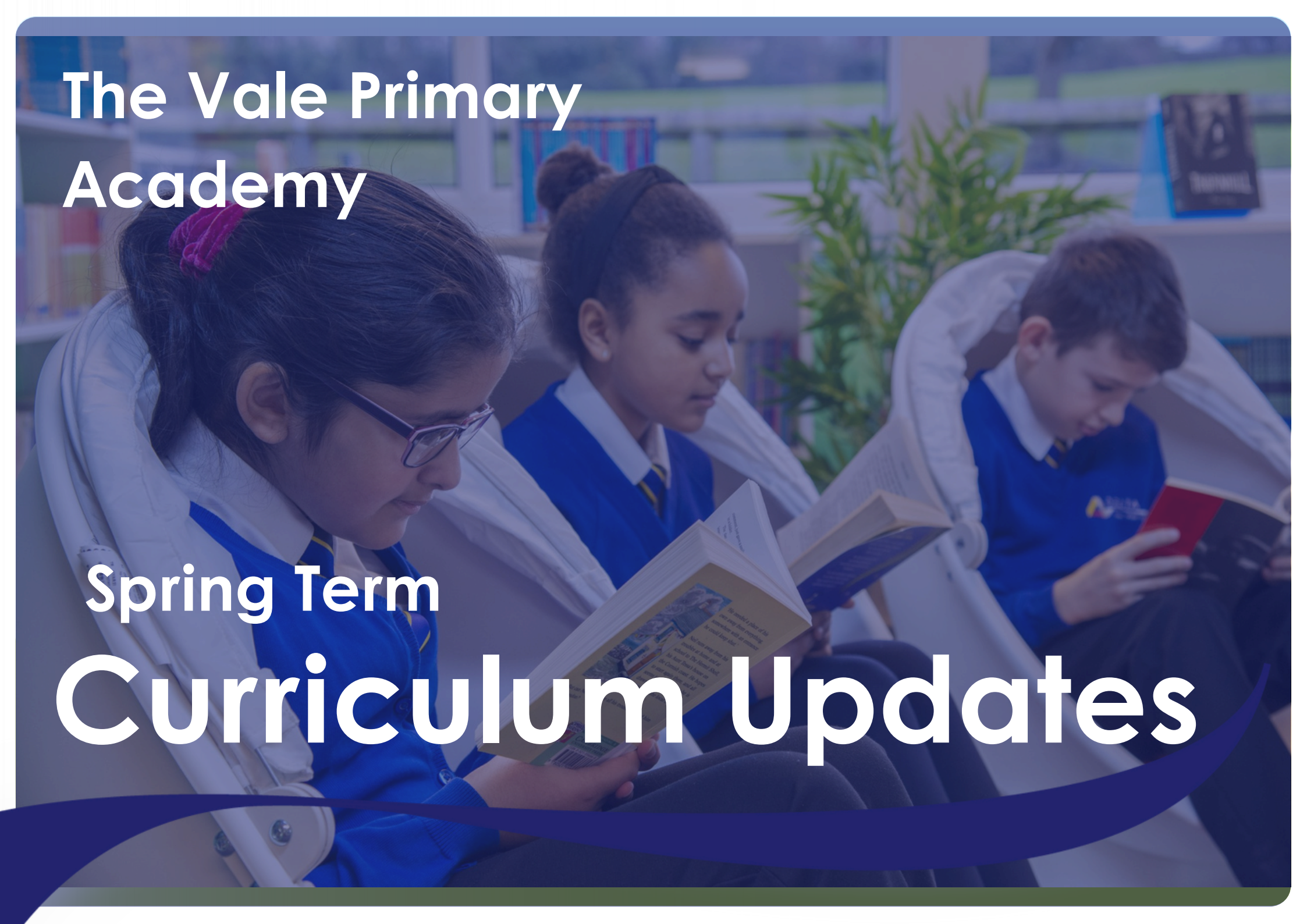


The Vale Primary Academy

Spring Term Curriculum Updates



Nursery

Maths

Over the spring term, Nursery will learn numbers 3, 4 and 5 through counting, numerals, composition and subitising. They will be introduced to tens frames, building on what they already know about 5 frames. In addition to this, children will also learn about and explore, height, length, mass and capacity.

Phonics

Children are now being introduced to some letter sounds and graphemes as part of our ELS programmes. They will learn 12 new sounds by the end of term. Children will further explore these sounds through the 7 aspects (Environmental sounds, Instrumental sounds, Body percussion, Rhythm and rhyme, Alliteration, Voice sounds, Oral blending).

Nursery T4W

Please see below the books we will be using as our focus texts in literacy. We will be learning to retell the stories through text maps, story maps and S maps. We will sequence the events and learn new vocabulary through Makaton to support our oracy development. Children will be provided with a range of opportunities and experiences that are linked to the key texts to inspire independent writing/mark making and storytelling.



Our Inspiration role model of the term is
Nadiya Hussain.



Nursery Artists
Henry Moore & Anthony Gormley



Reception Artists
Barbara Hepworth & Grayson Perry



Reception

Maths

In the spring term reception will revisit numbers 1-5 including one more, one less and composition, they will also be introduced to 0. By the end of spring 2 children will have learned all numbers to 10 including subitising, composition, number bonds and doubles. In addition to this children will learn about mass, capacity, length, height and time and finally 3D Shapes including pattern and shapes in the environment.

Phonics

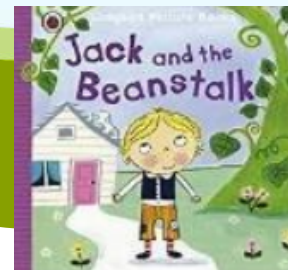
Throughout the spring term children will continue to learn all of digraphs in phase 3 and learn to read and write longer words such as CVCC, CCVC, CCVCC etc. They will also learn different word endings such as 'ed' making alternative sounds.

PSHE

In spring 1 our PSHE lessons will be focused on dreams and goals. We will discuss aspirations, how to achieve goals and understanding the emotions that go with this.

Reception T4W

In reception, we will learn a fiction and non-fiction text each half term. Following the gingerbread man we will be writing instructions of how to bake our own gingerbread men. In Spring 2 we will begin to learn about planting and growing linked to Jack and the Beanstalk.



YEAR ONE

ELS Essential Letters and Sounds

English



The Queen's Hat by Steve Antony is our model fiction text for this term. We will be exploring how to write action sentences with different verbs and adverbs, before writing our own journey tale.



After half term, we will be writing an information text about a royal person. We will also be writing poetry based on James Reeves' poem, *Slowly*, and taking part in Shakespeare Week.

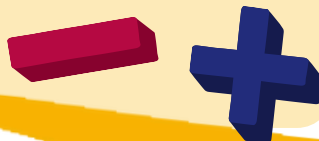
Maths

Spring 1

In the first half term pupils will begin to look at multiplication and division along with place value. They will learn to solve one-step problems involving multiplication and division by calculating the answer using concrete objects, pictorial representations and arrays

Spring 2

In Spring term pupils will start to understand fractions and begin to develop a deeper understanding of shape. They will learn to recognise, find and name a half as one of two equal parts of an object, shape or quantity and will find and name a quarter as one of four equal parts of an object, shape or quantity.



Humanities

History

In the first half term, pupils will learn that dinosaurs existed before humans. They will learn about what the world was like during the Cretaceous Period and that fossils are used to tell us about the past.

Geography

In the second half term, pupils will learn that the UK has four seasons and that these have different types of weather. They will also learn what the equator is and that places further from the equator are colder.

R.E.

What is a journey and why do people go on them?

In the first half term, pupils will learn about the religious and non-religious reasons people may go on a journey. They will also learn that sometimes journeys can be difficult.

What is Islam?

In the second half term, pupils will learn that Islam is one of the world's religions. They will learn that a mosque is a special place for worship and that prayer is an important way people of the Islamic faith talk to Allah.

Science

Animals Including Humans

In the first half term, pupils will learn the different parts of the human body. They will also learn what carnivores, herbivores and omnivores are and to recognise amphibians, fish, birds, mammals and reptiles.

Plants

In the second half term, pupils will learn the parts of different plants and know the difference between deciduous and evergreen trees.

YEAR ONE

Art & D.T.

Art

In the first half term, pupils will learn how to print with hard and soft materials and that Joan Miro used simple shapes and red, blue, yellow and black in his art. In the second half term, they will learn to name the primary colours. They will also learn that different brushes make different thicknesses of line and that colours can be changed by mixing paint.

D.T.

In the first half term, pupils will learn about Food and Nutrition. They will recognise different foods that come from plants and animals and know how to use three different techniques to cut ingredients safely.

P.E.

Spring 1: Dance

In Dance, pupils will consider how to show the start and end of their dance effectively. They will also explore changes in direction, speed, levels and pathways.

Spring 2: Target Games

.In Target Games, pupils will learn how to use underarm and overarm throws.

P.S.H.E

Spring 1: Dreams and Goals

Pupils will talk about setting simple goals, how to achieve them and overcoming difficulties. They will also learn to recognise feelings associated with facing obstacles to achieving our goals and discuss how to work well with a partner.

Spring 2: Healthy Me

Pupils will learn about healthy and less healthy choices and how they make them feel as well as hygiene and keeping clean. They will also learn about road safety and people who can help them to stay safe.

Spanish



Spring 1: In my Town

In this unit, the children will learn to pronounce the names for various place they would see in their local town. The children will continue to practise and use greetings and count to ten in Spanish.

Spring 2: Superheroes

In this unit, pupils will learn all about 6 superheroes via colourful and immersive lessons. Pupils will introduced to a series of colours and high frequency verbs to help describe each superhero character.

Computing

Spring 1: Moving a Robot

In this unit, pupils will be introduced to early programming using a floor robot. They will give clear commands to programme their floor robot to follow a simple route.

Spring 2: Grouping Data

In this unit, pupils will be introduced to data and information. They will learn how to label, group and classify objects based on their properties. They will also learn how to log on to their computers and open and save documents.

Music

Spring 1: Singing and Performing

During Spring Term, pupils will build upon the knowledge they gained during Autumn Term about singing and performing to be able to perform in front of their peers and an audience, developing further skills and confidence.

Spring 2: Tuned instruments

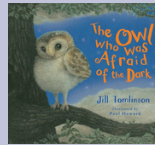
Building on their ability to now play rhythms, pupils will begin to apply this to being able to play simple tuned instruments, following musical and non-musical symbols as a group.

YEAR TWO

ELS Essential Letters and Sounds

English

We will be reading *The Owl Who Was Afraid of the Dark* by Jill Tomlinson. This book tells the story of Plop the Baby Barn Owl who is afraid of the dark. He is so scared he won't even go hunting with his family. So Mrs Barn Owl sends him down from his nest-hole, where he will meet a series of friends who will convince him that perhaps there is a little bit of magic in the dark after all.



Peter Pan by J.M. Barrie is our inspiration for the start of this term's writing, in which we will explore different ways of describing a character and write our own fantasy tale, before writing an information text about fantasy creatures. We will also be writing poetry about mythical beasts, inspired by *The Hippocrump* by James Reeves, and take part in Shakespeare Week.

Maths

Spring 1

In the first half term of Year 2, pupils will begin their work on fractions along with an introduction into the concept of maths linked to money. They will recognise, find, name and write fractions $\frac{1}{3}$, $\frac{1}{4}$, $\frac{2}{4}$ and $\frac{3}{4}$ of a length, shape, set of objects or quantity.

Spring 2

The pupils in Spring 2 will be continuing their work involving money and learn to recognise and use symbols for pounds (£) and pence (p); They will also learn to combine different amounts to make a particular value. They will also start to explore the mathematics of time, position and direction.

Humanities

History

Pupils will learn about Pontefract Castle and its importance within our local area. We will look at the features and purposes of castles. We will also discuss how the castle has changed over time and why.

Geography

Pupils will learn in the second half term about Mexico. They will know that this is in North America and there are many different landmarks, animals and plants that can be found there.

R.E.

How were religious messages communicated?

In the first half term, pupils will learn what communication is. They will also learn that apostles and companions communicated and shared religious messages in the past.

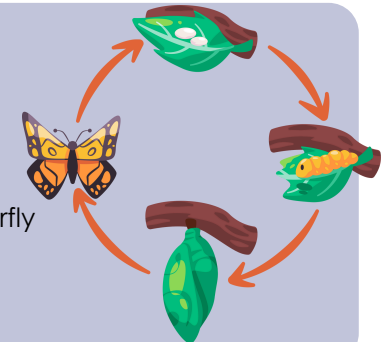
What does it mean to belong to a mosque or a church?

In the second half term, pupils will learn that places of worship can be an important part of a community. They will also learn that groups of people pray together and what features of a mosque help focus and respect.

Science

Animals Including Humans

Pupils will learn that some animals give birth to live young and that some lay eggs. They will also learn what a life cycle is and observe changes of a butterfly life cycle.



YEAR TWO

Art & D.T.

Art

In the first half term, pupils will learn how to weave and to dye wool using natural materials. In the second half term they will learn how to print using repeating patterns and a stencil onto fabric to make Mexican-inspired bunting.

D.T.

In the second half term, pupils will learn how to join and stitch fabric and to use templates. They will also learn the difference between fruits and vegetables and that some ingredients are farmed, caught or grown elsewhere.

M.F.L

Spring 1: Superheroes

Pupils will explore vocabulary linked with superheroes. Pupils will recap colours, numbers and greetings.

Spring 2: Healthy Me

Pupils will explore vocabulary linked with healthy eating. Pupils will recap food, colours, numbers and greetings.



Computing

Spring 1: Robot Algorithms

In this unit, pupils will understand how to order instructions to ensure that they are precise when creating a more complex route for a floor robot. They will also design and test algorithms and 'debug' them to fix any errors.

Spring 2: Pictograms

In this unit, pupils will count and collect data using a tally chart. They will present data in the form of a pictogram and a block diagram and then use this data to answer questions.

P.E.

Spring 1: Ball Skills and Dance

In Ball Skills, pupils will develop greater accuracy in stopping, controlling and kicking a ball with their feet. They will also consider the different hand and body positions needed for throwing, catching and dribbling with their hands. In Dance, pupils will work with a partner to perform mirrored movements with expression.

Spring 2: Sending and Receiving and Target Games

In Sending and Receiving, pupils will learn how to stop the ball before passing and how to ensure greater accuracy when rolling or throwing the ball to others. In Target Games, pupils will refine throwing and kicking techniques to strike a target at different distances or when the target is moving.

P.S.H.E.

Spring 1: Dreams and Goals

Pupils will explore setting realistic goals and how to achieve them. They will discuss perseverance when finding things difficult and reflect on who they can work well with in a group and why.

Spring 2: Healthy Me

Pupils will learn about healthy food and snacks and how to make healthy food choices. They will reflect on what makes them feel relaxed or stressed. They will also learn how medicines work and how to use them safely.

Music

Spring 1: Singing and Instrument

Pupils will build on what they have learned about different types of voices to be able to sing and perform to their peers. They will develop knowledge of following simple melodic notation to be able to play tunes of the chime bars.

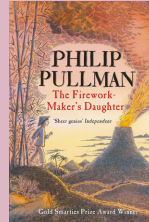
Spring 2: Rhythm and performing

Related to their learning in Geography, pupils will learn how to play rhythmic patterns and features of Mexican music. They will develop their performance skills in instrument, and develop knowledge of how to improve on their own performance.

YEAR THREE

English

We will be reading *The Firework Maker's Daughter* by Phillip Pullman. This book tells the story of Lila who dreams of being a Firework-Maker, just like her father! To discover the final firework-making secret, Lila must bravely head off alone on a journey – a journey filled with dangers beyond anything she could have imagined...



Writing this term involves a quest story with fantastical creatures and suspenseful moments. We will be using skills learnt from *The Search for Viola* text to write our own quest stories. In addition to this, we will be writing poetry, inspired by opening doors poetry.

Maths

Spring 1: Fractions

In the first half term the Year 3 pupils will begin to look at fractions and will learn to recognise, find and write fractions of a discrete set of objects. They will also count up and down in tenths; recognise that tenths arise from dividing an object into 10 equal parts and in dividing one-digit numbers or quantities by 10.

Spring 2: Time and Statistics

In the second half term pupils will be working on mathematical understanding in relation to time and statistics, including telling and writing the time from an analogue clock, including using Roman numerals from I to XII, and 12-hour and 24-hour clocks.

Humanities

History: Would you want to be a Victorian miner?

In the first half term, pupils will learn about revolutionary changes in the Victorian era. They will also learn about how dangerous mines are and what it was like to work in a mine.

Geography: Would you want to be a Victorian miner?

In the second half term, pupils will learn physical and human features of coal mining. They will also learn about how the coal mining industry shaped our locality.

R.E.

Spring 1: What is Hinduism?

In the first half term, pupils will learn that Humanism is one of the world's oldest religions. They will learn that deities are worshipped and that shrines and Mandirs are used for worship.

Spring 2: Why are certain festivals significant?

In the second half term, pupils will learn about why certain festivals are significant. They will learn about palm Sunday, Maundy Thursday, Good Friday and Easter Sunday.

Science

Spring 1: Light

In the first half term, pupils will learn that shadows are formed when a light source is blocked. They will also learn the difference between opaque, translucent and transparent materials.

Spring 2: Plants

In the second half term, pupils will learn what germinations and pollination are and that seeds can get dispersed in different ways.

YEAR THREE

Art & D.T.

D.T.

In the first half term, pupils will learn what is needed in an electrical circuit and that some products have these as a feature. They will also learn what a design flaw is.

Art

In the second half term, pupils will learn what abstract art is and how to choose colour to show emotion and mood. They will also learn how to add mirrored and rotated patterns to their printing.

Computing

Spring 1: Sequencing Sounds

In this unit, pupils will explore sequencing in programming through Scratch. They will become familiar with the environment and learn how to programme a sprite using a sequence of commands. They will combine motion, sound and event blocks to create their own programme representing a piano.

Spring 2: Branching Databases

In the unit, pupils will use yes and no questions to sort groups of objects. They will create and test a branching database using physical objects and objects on-screen.

P.E.

Spring 1: Dance

In Dance, pupils will dance in unison with a partner and learn about formation, dynamics and canon. They will develop their use of counting and rhythm.

Spring 2: Gymnastics

In Gymnastics, pupils will develop balancing, rolling and jumping. They will develop their sequence work, collaborating with others and to use matching and contrasting actions and shapes.

M.F.L



Spring 1: Instruments

In the first half term, pupils will learn how to recognise, recall and remember 10 common instruments.

Spring 2:

In the second half term, pupils will learn how to recognise, recall and spell 10 different shapes.

Music

Spring 1: Instrument

This half term, pupils will apply their knowledge of rhythmic and melodic notation to be able to play simple melodies on the keyboard, using correct hand and musical technique. They will learn how to improve their performance on this instrument.

Spring 2: Singing and performing.

Related to their learning on fishing, the children will be learning and creating their own sea shanties. To improve their own work, they will learn how to give and receive constructive feedback and start to adapt their work based on this.

P.S.H.E

Spring 1: Dreams and Goals

Pupils will explore real people who have overcome challenges and discuss what they can learn from them when facing their own learning challenges. Pupils will reflect on their own progress and success and think about what they could improve next time.

Spring 2: Healthy Me

Pupils will learn about the importance of exercise and how it helps their body to stay healthy, including their heart and lungs. They will discover facts about calories, fat and sugar and discuss how they affect their health. They will also learn about different types of drugs, the ones to make you better, as well as other drugs, and think about keeping safe.

YEAR FOUR

English

We will be reading *The Iron Man* by Ted Hughes. This book tells the story of the Iron Man. Humans must put a stop to the dreadful destruction the Iron Man creates and set a trap for him, but he cannot be kept down. Then, when a terrible monster from outer space threatens to lay waste to the planet, it is the Iron Man who finds a way to save the world.



This half term's fiction writing is based on *Elf Road*, a portal story into a fantasy world. We will also write poetry, based on Emily Dickinson's *Dear March, Come In*, where we will experiment with how to personify a season or month. After half term, we will hone our persuasive writing skills, and take part in Shakespeare Week.

Maths

Spring 1

The Year 4 pupils will begin the half term exploring the concept of fractions and this will lead into work involving decimals. They will recognise and show fractions, using diagrams and families of common equivalent fractions.

Spring 2

The work the pupils are doing around decimals when they begin to recognise and write decimal equivalents of any number of tenths or Hundredths. They will also begin to look at Money where they will estimate, compare and calculate different measures, including money in pounds and pence.

Humanities

Geography

In the first half term, pupils will learn about Greece as a contrasting locality. They will learn what different biomes there are in the world and that land can be used in different ways. They will also learn about the different features of a river and how the water cycle works.

History

In the second half term, pupils will learn about Ancient Greece and how they have influenced the modern world.

R.E.

How and why do people show commitment to their beliefs?

In the spring term, pupils will learn what commitment, reflection and faith is. They will also learn how events and beliefs demonstrate commitment. This includes the Jewish New Year and Yom Kippur for people of the Jewish faith, the Five Pillars and Ramadan for people of the Islamic faith and Lent for people of the Christian faith.

Science

States of Matter

In the first half term, pupils will learn the different states of matter (solids, liquids and gases) and how heating and cooling changes these.

Electricity

In the second half term, pupils will learn what conductors and insulators are. They will also learn how to make a simple circuit and understand how a switch affects this.

YEAR FOUR



Art & D.T.

Art

In the second half term, pupils will learn how to print using a polyblock. They will learn how to indent this to create shapes and texture and to take influence from Naum Gabo.

Computing

Spring 1: Repetition in Shapes

In this unit, pupils will use Logo, a text-based programming language, to plan, modify and test commands to create shapes and patterns. They will focus on repetition and loops within programming.

Spring 2: Data Logging

In this unit, pupils will use data loggers to monitor their environment and gather data over periods of time. They will review, analyse and interpret the data collected and ask and answer questions by completing further data logging.

P.E.

Spring 1: Dance

In Dance, pupils will explore action and reaction movements with a partner and learn how to perform a samba, using the dynamics of a carnival.

Spring 2: Gymnastics

In Gymnastics, pupils will develop their balancing, rolling and jumping skills to create sequences. Children will work independently and in groups to develop complex sequences and will learn to develop their performance skills.

M.F.L

Spring 1- Presenting myself.

In the first half term, pupils will learn to create sentences using a range of personal details e.g. name, age, birthday.

Spring 2- My Family.

In the second half term, pupils will learn to present their family in Spanish.

Music

Spring 1: Singing and Performing

Building on knowledge developed in Autumn term, pupils will develop a deeper understanding of how to control their voice and body to be able to sing more accurately and start to perform while considering the features independently.

Spring 2: Rhythm and Instrument

Using their knowledge of written notation, pupils will start to learn skills to be able to play several notes accurately on the recorder, which will then develop into playing simple melodies. They will learn how to hold and blow the instrument accurately, and how to play the instrument musically.

P.S.H.E.

Spring 1: Dreams and Goals

Pupils will consider their hopes and dreams and discuss how to overcome feelings of disappointment if dreams do not come true. They will discuss setting new goals after a set back and explore overcoming challenges in a group.

Spring 2: Healthy Me

Pupils will reflect on their friendships, how different people make them feel and which friends they value the most. They will learn about smoking and alcohol and why some people might choose to smoke or drink. They will also explore peer pressure and how to deal with it successfully.

YEAR FIVE

English

We will be reading *The Boy at the Back of the Class* by Onjali.Q.Rauf. This book tells the story of how Ahmet, a refugee, is shown empathy by four nine-year-old classmates when he joins their school. The story highlights the importance of friendship and kindness in a world that doesn't always make sense.



We practise suspenseful writing this term, with a wishing tale, *The Nightmare Man*, and then become poets, inspired by Eleanor Farjeon's *Cat!* After half term, we will experiment with ways to write an informative text about Grendel the Nightbeast from *Beowulf*, and also take part in Shakespeare Week.

Maths

Spring 1

The Year 5 pupils will begin their units involving fractions, decimals and percentages. This will involve identifying naming and writing equivalent fractions of a given fractions, represented visually, including tenths and hundredths.

Spring 2

In Spring 2, the Year 5 pupils will be learning about negative numbers. They will interpret negative numbers in context, count forwards and backwards with positive and negative whole numbers, including through zero.



Humanities

The children will focus on Science this term, therefore there will be no history and geography.

R.E.

How and why is symbolism represented in different festivals?

In the first half term, pupils will learn that despair, evil, hope and goodness are represented through symbolism. They will also learn that parts of religious festivals are also symbolic, including Diwali, Hanukkah and Bandi Chhor Divas.

How is Roman Catholicism a branch of Christianity?

In the second half term pupils will learn about the belief system of Roman Catholicism.

Science

Earth and Space

In the first half term, pupils will learn that the solar system has eight planets and that they orbit the sun/ They will also learn that we have day and night because of the Earth rotating on its axis and that the moon has phases as it orbits the Earth.

Forces

In the second half term, pupils will learn about friction, water resistance and air resistance. They will also learn that gears, pulleys and levers are simple machines.

YEAR FIVE

Art & D.T.

D.T.

In the second half term, pupils will learn how to build pulley systems and gear systems to create movement in a product. They will also learn how to create exploded diagrams and prototypes to communicate their design ideas.

Computing

Spring 1: Selection in Physical Computing

Pupils will use the Crumble programming environment to learn how to use a microcontroller to connect and programme different components such as LEDs and motors. They will use this to design and make a working model of a fairground carousel.

Spring 2: Flat-file Databases

Pupils will learn about paper-based and computer databases. They will learn how to search a database and how to create graphs and charts from the data to help solve problems.

M.F.L



Spring 1: My home

Pupils will build their vocabulary with words relating to the family home and the area they live in both the affirmative and the negative.

Spring 2: The Olympic Games

Pupils will learn the origins of the Olympic Games and use their reading skills to unpick unfamiliar texts.

P.E.

Spring 1: Dance

In Dance, pupils will choreograph a Rock'n'Roll dance with a partner and group and provide feedback to others.

Spring 2: Gymnastics

In gymnastics, pupils will develop their balancing, rolling and jumping movements. They will explore partner relationships such as canon and synchronisation and matching and mirroring as well as providing feedback to others.

Music

Spring 1: Singing and Performing

Building on prior knowledge, during this half term pupils will be able to make changes to their singing and performance more independently, and be able to have more accuracy in their body and vocal control.

Spring 2: Rhythm and instrument

Pupils will start to learn the ukulele, playing chords by holding and playing the instrument effectively and with accuracy. They will then use this to sing along to, using their singing understanding, to enhance their performance.

P.S.H.E

Spring 1: Dreams and Goals

Pupils will share their dreams and goals and how they might need money to help achieve them. They will consider possible jobs that they might like to do when they are older to help achieve their goals.

Spring 2: Healthy Me

Pupils will explore the risks associated with smoking and alcohol misuse. They will learn basic first aid and emergency procedures and how to contact the emergency services. Pupils will also explore body image pressures in the media, on social media and in celebrity culture.

YEAR SIX

English

We will be reading *The Boy in the Striped Pyjamas* by John Boyne. This book is about a nine-year-old boy named Bruno, who has to leave his home in Berlin to move to an isolated house out of the country. He is extremely annoyed as he has to leave behind all his friends but one day he meets Shmuel and Bruno's life, and that of those close to him, will never be the same again...



Writing this term will involve exploring a variety of styles and genres, revisiting prior learning and ensuring we apply everything we know that makes us brilliant writers! We will be writing poetry, inspired by Charlotte Mew's *The Call* from the 19th century, exploring how to build mystery through a poem. We are also excited to take part in Shakespeare Week.

Maths

Spring 1

In Spring 1, our Year 6 pupils will be looking at Ratio and Algebra and this will lead into work about statistics. They will do this by solving problems involving unequal sharing and grouping using knowledge of fractions and multiples.

Spring 2

In Spring 2 the focus of learning is around converting units and area, perimeter and volume. Pupils will use, read, write and convert between standard units, converting measurements of length, mass, volume and time from a smaller unit of measure to a larger unit.

Humanities

History

Pupils will learn about the causes of conflict and how and why World War II began. They will also learn about why the Battle of Britain was an important event and the reasons that led to a German defeat. Following on from this they will learn about the different technologies that were invented as a result of World War II and how the war affected where they live.

R.E.

How might some religious practices influence our lives?

In the spring term, pupils will learn about equality, charity, harmony and peace. They will also learn that some practices for Humanism and world religions link to these ideas, including meditation, mantras, Zakah, Sewa and sacred texts.

Science

Electricity

In the first half term, pupils will learn what happens to an electrical circuit when more components are added to it. They will also learn how to use scientific symbols to draw circuit diagrams.

Light

the second half term, pupils will learn that different objects reflect light in different ways. They will also learn that light travels in a straight line.

YEAR SIX

Art & D.T.

D.T.

Pupils will learn that computers can be used by designers to perform different tasks. They will also learn how to design using a scaled drawing and to use this to communicate their design ideas for a product that includes an electrical circuit.

Computing

Spring 1: Variables in Games

Pupils will learn what a variable is and how they are used in programming. They will improve existing games and code their own games in Scratch using their new knowledge of variables.

Spring 2: Introduction to Spreadsheets

Pupils will learn how to input data into a spreadsheet and how to format cells. They will learn how to use formulas to calculate data and how to duplicate formulas to multiple cells. They will use a spreadsheet to plan and calculate the cost of an event and then present their data using different tools.

P.E.

Spring 1: Hockey and Dance

In Hockey, pupils will learn how to pass and receive the ball with control. They will also learn different attacking and defending techniques and how to be respectful of the referee's decisions. In Dance, pupils will perform different bhangra motifs to create a class performance using different formations.

Spring 2: Tag Rugby and Yoga

In Tag Rugby, pupils will refine their attacking techniques, including dodging, supporting the ball carrier and beating a defender. They will also learn how to play when they do not have possession of the ball. In Yoga, pupils will learn to hold various yoga poses with strong lines and control as well as learning how to link flow in movements with breathing techniques.

M.F.L



Animals

Pupils will be learning about 'animals' in Spanish. In this unit pupils will learn 10 familiar animals and be introduced to the 1st person singular high frequency verb 'I am' in Spanish. By the end of the unit pupils will be able to recognise, recall, remember and spell up to ten animals with their indefinite article. This is one of the first sentence building units where pupils will have the knowledge and skills to be able create short phrases with the verb 'I am' plus the animal nouns and determiners.

Music

Singing, instrument and performing

Throughout this term, pupils will be brought back to and deepen their knowledge of instruments that they have learned in previous years. Through this, pupils will select their preferred instruments, and use this to play alongside other children in a band-like formation, learning to play in harmony, keep in time and produce a successful performance. Within this, they will also enhance their singing and performance knowledge, to effectively sing in tune in front of others.

P.S.H.E.

Spring 1: Dreams and Goals

Pupils will discuss stretching themselves by setting challenging yet realistic goals, how to take steps to achieve them and stay motivated. They will work on giving others praise and compliments and reflect on their own emotions regarding various global issues.

Spring 2: Healthy Me

Pupils will discuss taking responsibility for their own physical and emotional health and the choices linked to this. They will explore mental health issues and different attitudes towards this. They will also learn to recognise their own triggers and feelings of being stressed as well as strategies to support them.

Thrive Updates

The Thrive Approach team have been busy updating Thrive Online to enhance the provision for staff supporting children in our school. Staff can now select even more targeted strategies to support social and emotional learning and link these strategies to fun and exciting activity cards for children and staff to take part in together.

The Thrive Approach is currently used in over 2,800 settings across the country and overseas with over 75,000 people trained in the approach to support children mental wellbeing and social and emotional development.



Thrive in our School

At The Vale Primary Academy, we have a wide range of staff who are Thrive trained.

Pupils are identified either through a whole class or individual assessment, and this could lead to identifying a personal target or it may identify whole-class needs, which can be addressed through whole class provision.

Our Thrive approach allows children to develop their own skills to become resilient and improve their self-esteem. These sessions offer a safe environment where your child can express their worries and explore their feelings through engaging activities such as role play, art, sensory play, and mindfulness. By participating in these fun, interactive tasks, children will not only build a close bond with a trusted adult but also develop key friendship skills through cooperative games and problem-solving activities.

